ABOUT

US

Sylva spa is a sanctuary where nature's tranquility meets the art of rejuvenation. Inspired by the Latin word "silva,"meaning "forest" or "wood," our spa embraces the calming essence of nature, offering a peaceful escape for relaxation and renewal. Nestled in a serene setting, it is designed to restore balance to the body, mind, and spirit.

Every treatment is thoughtfully chafted to harness nature's healing energy, from signature massages and revitalizing facials to holistic wellness therapies. Each experience is designed to soothe, refresh, and uplift, allowing guests to reconnect with their inner calm.

Step into Sylva Spa and immerse yourself in a world of serenity. Let the peaceful ambiance transport you to a woodland-inspired retreat, where stress melts away, balance is restored, and every moment is dedicated to your well-being. SYLVA SPA

36 Lo Su, Hoan Kiem Dist. Hanoi (+84 24) 3938 5858 splendidpremiumhotel.com info@splendidpremiumhotel.com SPLENDID PREMIUM

9:00 AM - 11:00 PM Last order at 10:00 PM



BODY MASSAGE

circulation and promote a sense of well-being

TIME PRICE

VIETNAMESE TRADITIONAL MASSAGE	60'	556
Helps to get a sense of comfort, stability, reducing stress	90'	832
and fatigue created due to pressure	120'	1111
THAI MASSAGE	60'	784
A strong massage using stretching and cracking	90'	882
techniques, can be with or without oil	120'	1200
SWEDISH MASSAGE	60'	515
The technique aims to promote relaxation by releasing	90'	747
muscle tension	120'	882
HOT STONE MASSAGE	75'	703
Using warm black stone combine with aroma essential	90'	855
oil massage to deeply penetrate tight muscle, improve	120'	1109

Price unit: 1000 VND

MASSAGE THERAPY

(Helps balance your body by focusing on your feet to

(A deep cleansing and exfoliating treatment by using mineral sea salt and other natural ingredients to remove dead skin, refresh, moisturizing and helping your skin to

(A deep cleansing facial care & massage using products

Foot Treatment (scrub, massage, wrap)

FOOT MASSAGE

BODY THERAPY

Foot Massage

stimulate the body energy points)

be stronger with more vitamins)

Body Wrap by Dead Sea Mud

which are good for your skin type)

Basic Facial Care (For normal skin type)

Sensitive Facial Care (For acne skin type)

Collagen Facial Care (For dry and wrinkle skin

Body Scrub with Dead Salt (coffee)

Head, Shoulder & Neck

Back. Shoulder & Neck

Steam Bath/ Sauna

FACIAL CARE

type)

TIME PRICE

60' 90'

120'

30'

30'

30'

30'

20'

45'

60'

75'

307

456

585

345

380

520

485

126

426

610

760

PACKAGE

TIME PRICE

RELAXING PACKAGE		135'	1111
Swedish Massage	90'		
Basic Facial Care	45'		
THERAPY PACKAGE		135'	1230
Vietnamese Traditional Massage	90'		
Basic Facial Care	45'		
SPORTS PACKAGE		155'	1610
Sport Massage	90'		
Indian Back, Neck & Shoulder	30'		
Coffee & Orange Body Scrub	35'		
HOT STONE PACKAGE		160'	1700
Basic Facial Care	45'		
Hot Stone Massage	90'		
Lemon & Honey Body Scrub	35'		

Price unit: 1000 VND

The price above does not include a 10% tax and a 5% service charge.

